

# MODULE HAND BOOK

### MECHANICAL ENGINEERING VOCATIONAL EDUCATION STUDY PROGRAM

## FACULTY OF ENGINEERING – UNIVERSITAS NEGERI PADANG

COURSE NAME		CODE	Cou	rse classification	CU		Sem	Version			
					Theory	Pract					
Occupational Health	and Safety	MES1.61.2201	Study Program ( Character buildi	Compulsory Courses / ngs	2	0	2	1			
Responsible		Drs. Irzal, M.Kes., D	rs. Jasman, M.Kes		Signature						
INFORMATION		Dea	n	Head of Department	Coordin	ator of s	tudy pro	ogram			
		Dr. Fahmi Rizal NIP. 195912042	1985031004	<u>Drs. Purwantono, M.Pd</u> NIP. 196308041986031002	<u>Drs.</u> NIP. 19						
Program Learning	Study Program Program Learn	• • •			· · · · · · · · · · ·						
Outcomes       1. Possess a good ability to apply the basic science (mathematics and natural sciences) and other disciplines in profesional jobs / projects (Knowledge-understanding)         1.1. possess a good understanding and can apply the basic concept of mathematics to solve various technical problems         1.2. possess a good understanding and can apply basic the concept of physic to solve various technical problems         1.3. possess a good understanding and can apply basic the concept of chemistry to solve various technical problems         2. Possess a good understanding and can apply basic the concept of chemistry to solve various technical problems         2. Possess a critical and creative thingking in identifying, formulating, problem solving and evaluating various problems in mechanical engineering using the most appropriate and effective scientific method (Engineering analysis investigations and assessment):         2.1. problem identification skills											

	<ul> <li>3.1. able to formulate ideas/concepts into a technical drawing, design and budget plans</li> <li>3.2. able to operate various machines and other engineering equipment with the correct standard operating procedure</li> <li>3.3. able to design a machine or machinery system based on a valid scientific theory</li> <li>3.4. able to realize a concept/design into a prototype, manufacturing process and engineering system</li> <li>4. Possess a good ability to design, organize and evaluate the education and learning process in <i>mechanical engineering vocational education. (Education design)</i></li> <li>4.1. able to design curriculum and learning process by considering various aspects</li> <li>4.2. able to organize, control, evaluate and improve the quality of the learning process</li> <li>4.3. able to develop an interesting, effective and efficient learning medias</li> <li>5. Possess a good ability to development in science and technology and apply it into professional jobs by considering any non-technical aspects. <i>(Engineering practice)</i></li> <li>5.1. able to innovate and develop technology in the field of mechanical engineering by considering social, economic and environmental aspects</li> <li>5.2. able to carry out the optimization process and increase the efficiency of machines or machining system.</li> <li>5.3. able to improve the performance of machine/ machinery system by applying the information technology</li> <li>6. Possess a good softskil and spirit of lifelong learning <i>(Transferable skill / softskill)</i></li> <li>6.1. possess a spirit of nasionalisme, social sensitivity and environmental consevation orientation</li> <li>6.3. possess the ability to communicate effectively and work together in teamwork</li> <li>6.4. possess a good characters of entrepreneur</li> </ul>
Course Learning	Course Learning Outcomes (CLO)

Outcomes										
	CLO		PLO							
	1. Mastering the principles and technic	ques of integrated system design with a systems approach	2.1, 3.3, 5.1							
	<b>c c</b> ,	according to the applicable technical, safety and environmental health rformance and reliability aspects, ease of implementation and sustainability, social and cultural factors.	2.1, 3.3, 5.1							
	3. Mastering the current principles and issues in economy, social, ecology in general. This ability is in the form of students' ability on comprehensive environmental knowledge and about the importance of environmental preservation in supporting development activities       2.1, 1									
Course descriptions       This course discusses the definition, scope, and knowledge of Occupational Safety and Health (K3) which is integrative program in the industrial world.										
References	Main references (RU)									
	Binwasnaker, Kemnakertrans RI, 200	ipational Safety and Health, Directorate of K3 Norms Supervision, Direct )5 ealth for Engineers. New York: John Wiley & Sons, Inc	orate General of							
	Additional references (RP)									
	1. Suma'mur PK 1995. Work Safety and	Accident Prevention. Jakarta: PT Toko Gunung Agung e and Occupational Health. Jakarta: PT Toko Gunung Agung								
Learning Media	Software	Hardware								
		Computer, LCD Projector and Whiteboard and peripherals								
Team Teaching										
Assessment	UTS, UAS, quiz									
Requirements Subject	No									

#### COURSE SUBJECTS

Week		Topics	Method and strategy for	Assignment	Criterion /	References
	Expected competencies		leraning	eraning		
(1)	<b>CLO-1.1: [PLO-2.1, 3.3, 6.3]</b> Students are able to know and understand the background of	preliminary 1. The purpose of safety and occupational health 2. Work Safety and	Material description [1x70 '] Frequently asked questions [1x10 '] Discussion [1x20 ']	Make a summary and description of the material presented in the resume book	indicattorAble to explain theimportance of K3,the main targets ofwork safety in theworkplace and the	RU-1
	organizing K3 in the industrial world and its relation to production and productivity	Power Protection Work 3. Work Safety and productivity			relationship between K3 and production and productivity	
(2)	CLO-1.2: [PLO-2.1, 3.3, 6.3] Students know rules and regulations concerning K3 that apply in Indonesia	Legal basis and regulations for occupational safety and health. 1. Law No. 1 of 1970 2. Provisions about protection on industry and workers	Material description [1x70 '] Frequently asked questions [1x10 '] Discussion [1x20 ']	Make a summary and description of the material presented in the resume book	Able to explain the K3 rules and regulations that apply in Indonesia	RU-1 and RU-2
(3)	CLO-1.3: [PLO-2.1, 3.3, 6.3] Students understand the benefits of implementing SMK3 and the steps for its implementation	Management system Occupational Health and Safety (K3) 1. Development of SMK3 2. Benefits of implementing SMK3	Material description [1x70 '] Frequently asked questions [1x10 '] Discussion [1x20 ']	Make a summary and description of the material presented in the resume book	Able to explain SMK3 and outline SMK3	RU-1 and RU-2
(4)	CLO-1.4: [PLO-2.1, 3.3, 6.3]	Work safety and accident prevention	Material description [1x70 '] Frequently asked questions	Make a summary and description of the	Able to explain occupational	RU-1 and RU-2

Week	Expected competencies	Topics	leraning		Criterion / Assessment indicattor	References
	Students know and understand the concept basic safety, accidents, and the scope of prevention accidents in the industry	<ul> <li>a. The concept of safety</li> <li>and</li> <li>occupational health</li> <li>b. Principles and methods</li> <li>accident prevention</li> </ul>	[1x10 '] Discussion [1x20 ']	material presented in the resume book	safety and health concepts and accident prevention principles and methods	
(5)	CLO-2.1: [PLO-2.1, 3.3, 6.3, 6.4] Students know causes of work accidents and how to prevent them work accident	Work Accidents in Industry 1. The theory of occurrence work accident 2. Causes of Accidents Work 3. Classification of Accidents Work	Material description [1x70 '] Frequently asked questions [1x10 '] Discussion [1x20 ']	Make a summary and description of the material presented in the resume book	Be able to explain the theory of work accidents and provide examples of the causes of work accidents and their classifications	RU-1 and RU-2
(6)	CLO-2.2: [PLO-2.1, 3.3, 6.3, 6.4] Students know problems and work hazards and able to analyze work accidents	Work Accident Analysis 1. Identify hazards and the cause 2. Work accident statistics	Material description [1x70 '] Frequently asked questions [1x10 '] Discussion [1x20 ']	Make a summary and description of the material presented in the resume book	Able to explain how to recognize hazards and their causes, and to calculate accident frequency and severity	RU-1 and RU-2
(7)	<b>CLO-1.1-2.2: [PLO-2.1,</b> <b>3.3, 6.3, 6.4]</b> Students are able to complete issues	Study material from the 1st meeting s / d 6	Quiz [1x100 ']	Complete issues related to the material that has been delivered	Mable to do issues related to the material which has	

Week	Expected competencies	Topics	Method and strategy for leraning	Assignment	Criterion / Assessment indicattor	References
	related to the material that has been delivered				be delivered	
(8)	Mid-Test					
(9)	<b>CLO-2.3: [PLO-2.1, 3.3, 6.3, 6.4]</b> Students know the scope of hygiene and sanitation in the industry as well as knowing various formal policies or regulations regarding hygiene and sanitation applies in the industry	<ul> <li>Hygiene and industrial sanitation</li> <li>1. Definition of hygiene and industrial sanitation.</li> <li>2. The aspects that are related to the source disease.</li> <li>3. Regulations and hygiene legislation and sanitation.</li> <li>4. Environmental monitoring work.</li> </ul>	Material description [1x70 '] Frequently asked questions [1x10 '] Discussion [1x20 ']	Make a summary and description of the material presented in the resume book	Be able to explain understanding hygiene and sanitation, providing examples and explaining sources disease, do monitoring work environment	RU-1 and RU-2
(10)	<b>CLO-2.4: [PLO-2.1, 3.3, 6.3, 6.4]</b> Students know various types of diseases that can be caused by risky jobs, along with various prevention efforts	<ul> <li>Occupational illness</li> <li>Causes of occupational diseases</li> <li>Types of occupational diseases</li> <li>Prevention of occupational diseases</li> </ul>	Material description [1x70 '] Frequently asked questions [1x10 '] Discussion [1x20 ']	Make a summary and description of the material presented in the resume book	Be able to explain various causative factors occupational diseases and occupational diseases and their prevention	RU-1 and RU-2
(11)	CLO-2.5: [PLO-2.1, 3.3, 6.3, 6.4]	Personal protective equipment	Material description [1x70 '] Frequently asked questions	Make a summary and description of the	Mable to provide examples and	RU-1 and RU-2

Week	Evented competencies	Topics Method and strategy for Assignment leraning		Assignment	Criterion / Assessment	References
	Expected competencies		ieraning		indicattor	
	Students know the	• Eye and face protection	[1x10 ']	material presented in	explain Personal	
	Personal Protective	<ul> <li>Skin and body</li> </ul>	Discussion [1x20 ']	the resume book	Protective	
	Equipment	protection			Equipment in	
	according to the type of	Respiratory protection			accordance with	
	work	<ul> <li>Hearing protection</li> </ul>			the type of work	
(12)	CLO-2.6: [PLO-2.1, 3.3,	Handling Safety	Material description [1x70 ']	Make a summary and	Mis able to provide	RU-1 and RU-2
	6.3, 6.4]	Chemical material	Frequently asked questions	description of the	examples of how to	
	Students know	Material Safety Data	[1x10 ']	material presented in	work safely with	
	handling and storage of	Sheet (MSDS)	Discussion [1x20 ']	the resume book	hazardous	
	chemicals	Storage of chemicals			chemicals	
(13)	CLO-3.1: [PLO-2.1, 3.3,	Safety facet	Material description [1x70 ']	Make a summary and	Mable to provide	RU-1 and RU-2
	6.3, 6.4]	Mechanical and Electrical	Frequently asked questions	description of the	examples of how to	
	Students know and	1. Types of mechanical	[1x10 ']	material presented in	prevent accidents	
	understand the aspects	hazards.	Discussion [1x20 ']	the resume book	caused by	
	of prevention	2. Protection techniques			mechanical and	
	work accidents that can	mechanical hazard.			electrical aspects	
	occur in industry, both in	3. Types of electrical				
	the goods and services	hazards.				
	industry, which include	4. Protection technique				
	mechanical hazards and	against				
	electrical hazards	electrical hazard				
(14)	CLO-3.2: [PLO-2.1, 3.3,	Fire Hazard Protection	Material description [1x70 ']	Make a summary and	Mis able to provide	RU-1 and RU-2
	6.3, 6.4]	1. Causes of harm	Frequently asked questions	description of the	examples and	
	Students understand and	Fire.	[1x10 ']	material presented in	explain all efforts to	
	know the prevention and	2. Various types	Discussion [1x20 ']	the resume book	prevent fire hazards	
	overcoming of fire	fire, prevention,				
	hazards and types	and				
	fire-fighting equipment	countermeasures.				
	and materials	3. Detection equipment				
		Fire.				

Week	Expected competencies	Topics	Method and strategy for leraning	Assignment	Criterion / Assessment indicattor	References
		4. Extinguishing equipment fire				
(15)	CLO-2.3-3.2: [PLO-2.1, 3.3, 6.3, 6.4] Students are capable complete issues related to the material that has been delivered	Study material from the 9th meeting s / d 14	Quiz [1x100 ']	Complete issues related to the material that has been delivered	Mable to do issues related to the material that has been be delivered	
(16)	Final Test					

- Note :1 credit = (50 'TM + 60' BT + 60 'BM) / WeekBM = Independent StudyTM = Face to Face (Lecture)PS = Simulation Practicum (160 minutes / week)BT = Structured Learning.PL = Laboratory Practicum (160 minutes / week)
- T = Theory (aspects of science)
- P = Practice (aspects of work skills)

#### The linkage between CLO and PLO and assessment methods

MES1.61.2201	Assessment	Weigh		PLO-1	L	PLO-2			PL	<b>D-3</b>			PLO-4	ļ	PLO-5			PLO-6					
		t (%)	1	2	3	1	2	3	1	2	3	4	1	2	3	1	2	3	1	2	3	4	5
CLO-1.1	UTS. 1	5				V					V										V	V	
CLO-1.2	UTS. 2	5				V					V										V	V	
CLO-1.3	UTS. 3	5				V					V										V	V	
CLO-1.4	UTS. 4	5				V					V										V	V	
CLO-2.1	UTS.5.1	2.5				V					V										V		
CLO-2.2	UTS.5.2	2.5				V					V										V		
CLO-2.3	UAS. 1	5				V					V										V		
CLO-2.4	UAS. 2	5				V					V										V		
CLO-2.5	UAS. 3	5				V					V										V		

CLO-2.6	UAS. 4	5		V			V					V	
CLO-3.1	UAS.5.1	2.5		V			V					V	
CLO-3.2	UAS.5.2	2.5		V			V					V	
CLO-1.1-2.2	Quiz	20		V			V					V	
CLO-2.3-3.2	Quiz	20		V			V					V	
Presence		10											
TOTAL		100											

#### **Assessment Component**

Midterm exam (UTS)	: 25%
Final exams (UAS)	: 25%
Quiz	: 40%
Presence	: 10%
Total	: 100%

## Scoring/Grading level description

	Excellent	Good	Satisfy	Fail
ability to describe	Able to describe correctly	Able to describe correctly	Able to describe but less	Unable to describe
	and completely	but not complete	clear and incomplete	
ability to formulate	Able to formulate correctly	Able to formulate correctly	Able to formulate but less	Unable to formulate
	and completely	but not complete	clear and incomplete	
ability to calculate	Able to calculate correctly	Able to calculate correctly	Able to calculate but less	Unable to calculate
	and completely	but not complete	clear and incomplete	
ability to analyze	Able to analysize correctly	Able to analyze correctly but	Able to analyze but less clear	Unable to analyze
	and completely	not complete	and incomplete	

## Scoring and grading system

Score	Quality	Quality score	Designation	Score	Quality	Quality score	Designation
85 – 100	А	4.0	Outstanding	55 – 59	С	2.0	Acceptable
80 - 84	A-	3.6	Excellent	50 - 54	C-	1.6	Poor
75 – 79	B+	3.3	Very good	40 - 49	D	1.0	Poor
70 - 74	В	3.0	Good	≤ 39	E	0.0	Fail
65 - 69	B-	2.6	Good	-	Т	-	Tertunda
60 - 64	C+	2.3	Acceptable				